

LIFE

WITHOUT

LIMITS

HAPPINESS · HEALTH · GROWTH · PURPOSE

The Breakthrough Clarity Challenge

Day 4: Growth

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Welcome to the Breakthrough Clarity Challenge!

Hey, hey, super achiever! I'm Josh Ellis, your guide during this 4-day breakthrough challenge. I'm also the Editor-in-Chief of SUCCESS magazine. Myself, and the entire SUCCESS team, are honored that you have chosen us to be part of your journey.

This challenge was designed to give you the mindset transformation you need to eliminate the negative setbacks from your life. This includes:

- ❌ Self-doubt
- ❌ Fear
- ❌ Procrastination
- ❌ Comparison

You see, until you breakaway from self-limiting beliefs, you won't see progress on your goals. During this challenge, you are going to experience 4 breakthrough moments, presented by our SUCCESS advisors, to help you breakdown the self-limiting beliefs and build a true roadmap for achieving all you want to do for the year ahead.

Our team is going through this challenge right alongside you and is here to help! Follow us on [Instagram](#) and use #ClarityChallenge wherever you post. Don't forget to join the private Facebook group, [SUCCESS Breakthrough Challenge](#). Our advisors, team, and me, are going LIVE in there each day.

Join the community, spark the conversation, and start making your breakthrough happen!

To your SUCCESS, *Josh*

Growth

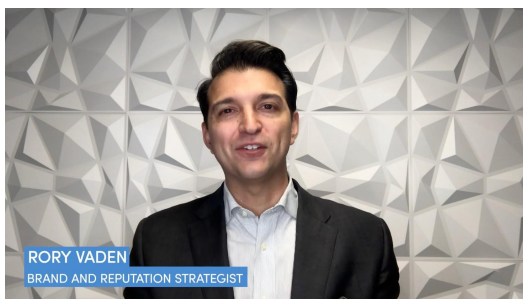
Continual growth is the most crucial pillar to sustainable success over time. Growth is the combination of action and reflection.

Each day that passes and you don't grow, you are wasting time. Complacency is the opposite of growth. You have the skills that it takes to be successful, if you decide to grow into that success. Your challenge is to avoid complacency. The more success you gain, the easier it is to become complacent.

That is why self-awareness is not enough when it comes to your level of success. Knowing where you are will not get you to where you need to go. You need to breakdown the self-limiting belief: **self-awareness is all you need for personal growth.**

BREAKTHROUGH MOMENT

All the self-awareness in the world will quickly go to waste if you fail to keep learning and seeking support.



Meet Your Growth Advisor: **Rory Vaden**

New York Times best-selling author, keynote speaker, and brand strategist

Rory teaches that if you want to be successful in anything, you must do the right thing always. Rory co-founded the Brand Builders Group, helping people identify their message and become a person or company you want to do business with.

Growth Evaluation

After watching the Day 4 training with Josh Ellis and Rory Vaden, complete the self-evaluation below. This is designed to rate your current growth trajectory and prioritization.

**On the clarity scale, how would you rate the importance of growth in your life?
Circle or mark on the scale below where you are today.**



I am just fine with where i'm at today. I don't need to get any better.



I am the best I can possibly be. I'll listen to podcasts or buy books, but I rarely pay attention.



I'm ready to move on to the next level, but I don't have the time to invest in personal development.



I feel it is important to invest in my personal growth. I participate in the training programs, but I need help implementing.



I can always do better and be better. Once I've accomplished a goal, I'm ready to stretch myself to the next level.

Use the space provided to answer each question below.

Are you aggressively pursuing personal development? What was the last book, training program, podcast, or event that you experienced? When?

How much does your life look the same today as it did one year ago?

In what way did you last positively contribute to your income?

Growth Clarity Challenge

After watching the Day 4 training with Josh Ellis and Rory Vaden, complete the exercise prompts below. These activities are designed to help you find clarity on your prioritization of growth and creating your breakthrough of continued education.

**In the space below, describe the vision of your personal development journey?
What are you learning, reading, and seeking?**

Referring to your Growth Evaluation on the previous page, **list three words that you would use to describe what you seek today?**

Referring to the vision exercise above, **list three words that describe that this version of yourself seeks.**
