

# LIFE

WITHOUT

# LIMITS

HAPPINESS · HEALTH · GROWTH · PURPOSE

## The Breakthrough Clarity Challenge

### Day 1: Purpose

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## Welcome to the Breakthrough Clarity Challenge!

Hey, hey, super achiever! I'm Josh Ellis, your guide during this 4-day breakthrough challenge. I'm also the Editor-in-Chief of SUCCESS magazine. Myself, and the entire SUCCESS team, are honored that you have chosen us to be part of your journey.

This challenge was designed to give you the mindset transformation you need to eliminate the negative setbacks from your life. This includes:

- ❌ Self-doubt
- ❌ Fear
- ❌ Procrastination
- ❌ Comparison

You see, until you breakaway from self-limiting beliefs, you won't see progress on your goals. During this challenge, you are going to experience 4 breakthrough moments, presented by our SUCCESS advisors, to help you breakdown the self-limiting beliefs and build a true roadmap for achieving all you want to do for the year ahead.

Our team is going through this challenge right alongside you and is here to help! Follow us on [Instagram](#) and use #ClarityChallenge wherever you post. Don't forget to join the private Facebook group, [SUCCESS Breakthrough Challenge](#). Our advisors, team, and me, are going LIVE in there each day.

Join the community, spark the conversation, and start making your breakthrough happen!

To your SUCCESS, *Josh*

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## Breakthrough Clarity Challenge

Day 1: Purpose  
with Kindra Hall & Josh Ellis

### PURPOSE

*If clarity is the roadmap, purpose is the compass. Purpose is living in alignment with your unique skills and your passion.*

It takes most people years, or decades, to find their purpose. Some people never do, and those that do, often struggle with aligning their life with their purpose.

Your purpose is already within you. It sits just below the surface and the key to unleashing it is breaking down the self-limiting belief: **What I am is what I do.**

### BREAKTHROUGH MOMENT

***Your purpose is defined as HOW you serve others,  
by applying what you do.***



#### Meet Your Purpose Advisor: Kindra Hall

Best-selling author, keynote speaker and communications expert

Kindra Hall is President and Chief Storytelling Officer at Stellar Collective, a consulting firm focused on strategic application of storytelling in today's communication challenges. Kindra's book, *Stories that Stick*, debuted at #2 on the Wall Street Journal best-seller list.

## Purpose Evaluation

After watching the Day 1 training with Josh Ellis and Kindra Hall, complete the self-evaluation below. This is designed to rate the level of congruence you are currently living in with your purpose.

**On the clarity scale, how would you rate the power of purpose in your life today?  
Circle or mark on the scale below where you are today.**



*I feel overwhelmed when I think about purpose. I have no clue where I am.*



*I have unique hobbies, but I'm not sure if I would call those my purpose. I'm just not sure how they connect.*



*I know what I would do if I could do anything, but I feel overwhelmed thinking about pursuing it.*



*I have an outlet to pursue my passions, but only when I can find time outside of my daily responsibilities.*



*I know my passion and I live it out every single day!*

**Use the space provided to answer each question below.**

**When was the last time you experienced true joy? What were you doing?**

**Do you utilize your natural strengths on a daily basis?**

**How did you feel valued today?**

## Purpose Clarity Challenge

After watching the Day 1 training with Josh Ellis and Kindra Hall, complete the exercise prompts below. These activities are designed to help you find clarity in your purpose and achieve your breakthrough of: **My purpose is HOW I serve others by applying what I do.**

In the space below, describe the person you want to become.

Referring to your Purpose Evaluation on the previous page, **list three words that you would use to define who you are today**

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Referring to the vision exercise above, **list three words that define who you want to become?**

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